

# Family Health Center Services



### Primary Care

- Adult Medicine • Pediatrics

### Women's Health Services

- Obstetrics/Prenatal Care • Gynecology
- Family Planning: Pregnancy Testing, Emergency Contraceptives, Birth Control, Sexually Transmitted Infections (male and female)
- Mammography • Pap Smears

### Other Services

- Laboratory Services • Social Work
- Behavioral Health • Dental • Nutrition
- Podiatry • Optometry (Vision)

### Not all services are offered at all sites.

Medicaid, Medicare and most commercial insurances are accepted. For those without insurance, enrollment counselors are available to assist you. A sliding fee scale is available for those who are ineligible for insurance. Copayments and deductibles are due at the time of service.



### Freeport-South Ocean Care Family Health Center

Tel: 516-623-3600 Fax: 516-623-9191  
101 So. Bergen Place, Freeport, NY 11520  
Mon. - Fri. 8:30 a.m. - 5:00 p.m.

### Hempstead Family Health Center

Tel: 516-572-1300 Fax: 516-566-3954  
135 Main Street, Hempstead, NY 11550  
Mon., Wed., Thurs. Fri. 8:30 a.m. - 4:30 p.m.  
Tues. 8:00 a.m. - 8:00 p.m.

### Elmont Family Health Center

Tel: 516-571-8200 Fax: 516-571-8221  
161 Hempstead Tpke., Elmont, NY 11003  
Mon., Wed., Fri. 8:00 a.m. - 4:30 p.m.  
Tue., Thurs. 8:00 a.m. - 8:00 p.m.

### Roosevelt Family Health Center

Tel: 516-571-8600 Fax: 516-546-4154  
380 Nassau Road, Roosevelt, NY 11575  
Mon., Wed., Thurs., Fri. 8:00 a.m. - 4:30 p.m.  
Tues. 8:00 a.m. - 8:00 p.m.

### New Cassel-Westbury Family Health Center

Tel: 516-571-9500 Fax: 516-571-9557  
682 Union Ave., Westbury, NY 11590  
Mon., Wed., Fri. 8:00 a.m. - 4:30 p.m.  
Tues., Thurs. 8:00 a.m. - 8:00 p.m.

### Roosevelt High School-Based Health Center

Tel: 516-345-7229 Fax: 516-345-7250  
One Wagner Ave., Roosevelt, NY 11575  
Mon. - Fri. 8:00 a.m. - 4:30 p.m.

## Call for an appointment.

### Nassau University Medical Center

2201 Hempstead Tpke., East Meadow, NY 11554  
All Primary, Specialty Services  
516.486.NUMC • www.nuhealth.net

\*In partnership with the LI Federally Qualified Health Center, Inc.

3/2014



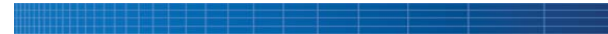
# Freeport South Ocean Care Family Health Center

**(516) 623-3600**  
101 So. Bergen Place, Freeport, NY 11520  
Mon. - Fri. 8:30 a.m. - 5:00 p.m.

Primary Care (Adult Medicine & Pediatrics)  
Ob/Gyn, Dentistry, Podiatry,  
Optometry, Cardiology, Asthma/Allergy



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## Family Health Centers



### NuHealth's Family Health Centers provide healthcare for everyone in the neighborhood

NuHealth's Family Health Centers provide essential and quality care for everyone in the neighborhood. As your "medical home" for preventive care for you and your family, the Family Health Centers provide primary and specialty services, expanded hours and reduced cost prescriptions drugs. As part of Nassau University Medical Center and the Nassau Health Care Corporation, we make it easy to get the specialty care you might need.

Our goal is to provide whatever your family needs, regardless of your income, residency or immigration status. The Family Health Centers are your primary choice for managing your total health and well-being. At the Family Health Centers, you can see your doctor for scheduled and same-day visits.

For more information on Long Island Federally Qualified Health Centers (LIFQHC), please visit [www.lifqhc.org](http://www.lifqhc.org)



### How We Help Manage Your Care

**Care Coordination:** Our care team works with other providers, including mental health professionals, specialists and hospitals, to coordinate your care. We will help you find specialists, get appointments and make sure the specialists have the information they need to care for you.

**Your Role:** We work with you to obtain a complete medical history. We ask that you let us know about care you receive outside the family health center. We may ask you about medications you are taking, your family medical history, as well as any recent hospital visits.

**Access to Care:** Our goal is to provide you with an appointment as quickly as possible, and even same-day appointments if needed.

**Treatment Options:** We use evidence-based medicine to guide our decisions as together we discuss options for your care.

**Self-management:** We provide you with tools such as log books or reminder calendars to help you manage your care at home. We can also provide you with community resources and refer you to a social worker who can connect you to the services you need.

We are committed to establishing a relationship with you and providing you with the services and tools you need to maintain your health.

### Contacting Your Health Center

For **non-urgent issues**, please call the Freeport-South Ocean Care Family Health Center at (516) 623-3600 during or after office hours for the following reasons:

- An appointment or same-day appointment
- Non-urgent questions for the providers
- Medication refill

For **urgent issues**, call the Freeport-South Ocean Care Family Health Center at any time. A provider will return your call upon your request.

**IN CASE OF A MEDICAL EMERGENCY, CALL 911.**

## Filling Prescriptions

### Prescription Requests

There are 3 ways you can fill or re-fill an expired prescription:

**Through your Pharmacy:** by contacting them and they can fax your doctor a request to renew the prescription. The fax number of the Freeport-South Ocean Care Family Health Center is (516) 623-9191.

**By Phone:** Call the health center that you visit and leave a message for your doctor. You will need to know when you were last seen, the name and phone number for your pharmacy, the name of the medication, the dosage and the expiration date of the prescription. Requests are generally handled within 3 business days.

**In Person Walk-in:** You can also make your prescription request at the registration desk of our health centers. All prescription requests require 3 business days. Please be sure to include your pharmacy phone number as well as a phone number where we can reach you.

**Changes and/or new prescriptions can only be completed by the physician, please schedule a visit with your physician to address those needs.**

### Forms and Letters

Our staff at the health centers will be happy to complete forms and write medical letters as necessary upon your request. Please make sure to drop off all form requests at the Registration Desk.

Please allow 10 business days for completion of requested forms/ letters. You may choose to pick up or to have the forms faxed or mailed to you.

